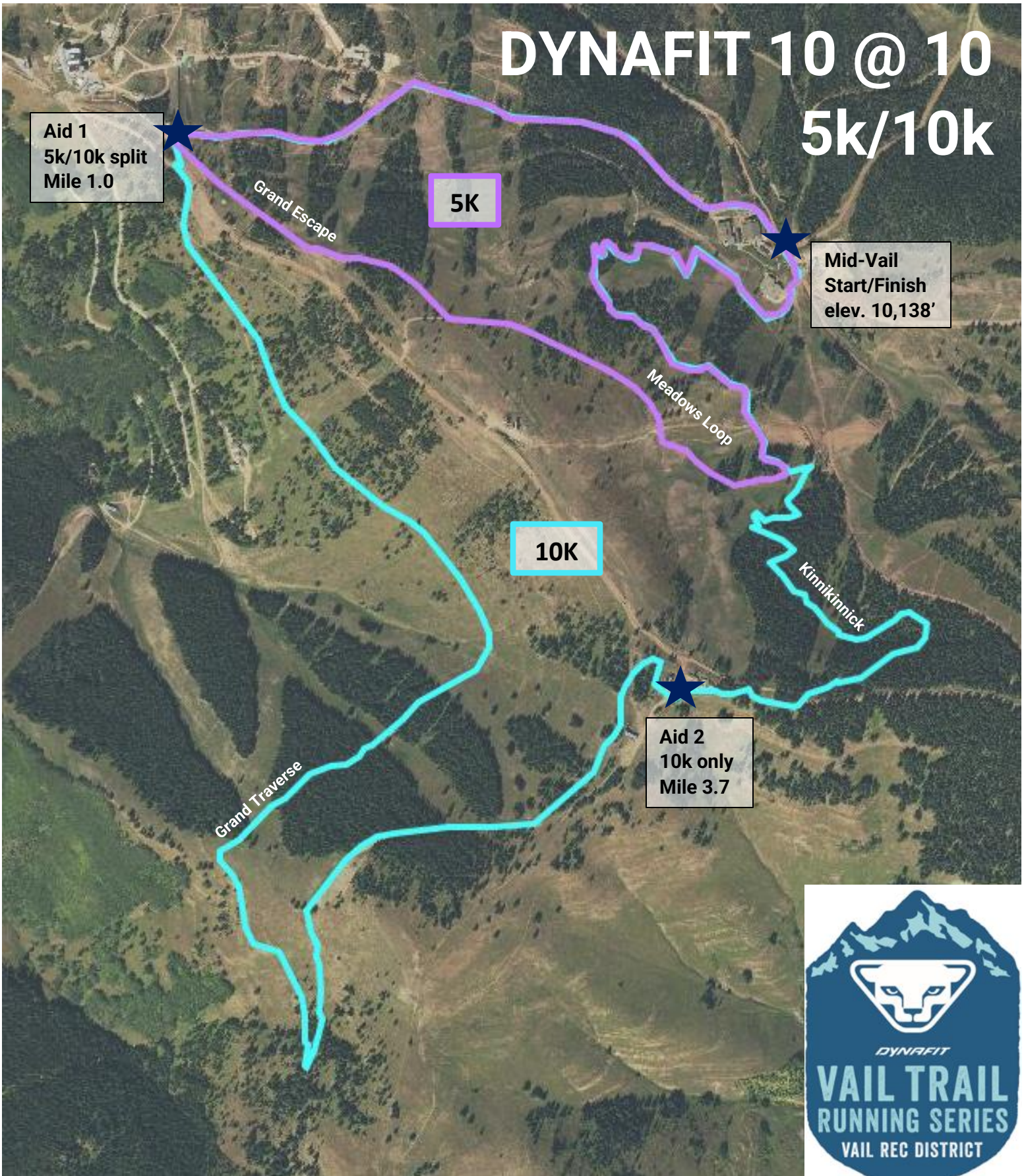


# DYNAFIT 10 @ 10

## 5k/10k



**10K** 1162' elevation gain  
Aid #1 at Mile 1.0  
Aid #2 at Mile 3.7  
(~6.0 miles)

**5K** 627' elevation gain  
Aid #1 at Mile 1.0  
(~3.0 miles)