



## Recommended Food Drive Items

Thank you for wanting to support The Community Market and healthy food access for everyone in Eagle County! If you would like to hold a food drive, we recommend you collect the items listed below. We ask that you please also consider holding a fundraising drive! With donated funds, we are able to purchase food at wholesale rates that are lower than retail prices, and so we're able to stretch each dollar donated further. Donated funds also allow us to purchase foods based on the feedback we receive from our customers each week. This includes purchasing fresh produce, an item that is in high demand but is logistically difficult to collect during a food drive. Thank you!

### Protein:

Canned tuna, chicken, salmon  
Dry or canned beans  
Lentils  
Nut butters such as peanut butter or almond butter  
Nuts  
Low-sodium soups or stews  
FROZEN meats and fish

### Vegetables:

Tomato products  
Pasta sauce  
Low-sodium canned vegetables  
FRESH fruits and vegetables

### Whole grains:

Pasta  
Rice  
Flour  
Tortillas  
Low sugar/high fiber cereals  
Oatmeal

### Fruits:

Dried fruits  
Applesauce  
Fruit leather (100% fruit)  
Fruits in 100% fruit juice

### Other:

100% fruit and vegetable juices  
Cooking oil, such as olive oil  
Dried herbs and spices  
Pantry Staples: flour, sugar, etc.