

2023 Krueger Family Shamrock Shuffle
5K 10K Run/Snowshoe
March 18, 2023

5K(ish) Results

Female 19 & Under 5K Run

Pos	Bib#	Athlete	City	Country	Race	Category	Gender	Age	Time
1	255	Mary McClarrinon	Vail	CO	5K	Run	F	14	0:32:33

Male 19 & Under 5K Run

Pos	Bib#	Athlete	City	Country	Race	Category	Gender	Age	Time
1	588	Kyle Woodworth	Eagle	CO	5K	Run	M	16	0:24:12
2	598	Bryce Dobson	Eagle	CO	5K	Run	M	8	0:24:35

Female 20-39 5K Run

Pos	Bib#	Athlete	City	Country	Race	Category	Gender	Age	Time
1	599	Kim Dobson	Eagle	CO	5K	Run	F	38	0:24:36
2	267	Ingrid Mongenas	Eagle	CO	5K	Run	F	28	0:25:04
3	259	Joanna Brown	Vail	CO	5K	Run	F	38	0:28:41
4	263	Nell Davis	Edwards	CO	5K	Run	F	39	0:29:04
5	261	Katie Anderson	Avon	CO	5K	Run	F	37	0:29:52
6	277	Lindsay Schlesinger	Eagle	CO	5K	Run	F	39	0:30:10

Female 20-39 5K Snowshoe

Pos	Bib#	Athlete	City	Country	Race	Category	Gender	Age	Time
1	569	Kaitlin Hansen	AVON	CO	5K	Snowshoe	F	34	0:38:45
2	581	Lauren Schreiber	Vail	CO	5K	Snowshoe	F	33	0:46:17
3	260	DENISE QUEZADA	Edwards	CO	5K	Snowshoe	F	34	0:46:19
4	268	Mary Gainer	Denver	CO	5K	Snowshoe	F	27	0:46:45
5	269	Meagan McGeehan	Denver	CO	5K	Snowshoe	F	30	0:46:45
6	564	Calla Folan	Arvada	CO	5K	Snowshoe	F	35	0:57:16

Male 20-39 5K Run

Pos	Bib#	Athlete	City	Country	Race	Category	Gender	Age	Time
1	283	Grant Maurer	Edwards	CO	5K	Run	M	21	0:23:09
2	573	Michael Labagh	Avon	CO	5K	Run	M	33	0:25:05

Male 20-39 5K Snowshoe

Pos	Bib#	Athlete	City	Country	Race	Category	Gender	Age	Time
1	272	Joseph LyBarger	Edwards	CO	5K	Snowshoe	M	28	0:42:51

Female 40-59 5K Run

Pos	Bib#	Athlete	City	Country	Race	Category	Gender	Age	Time
1	595	Nancy Mires	Eagle	CO	5K	Run	F	53	0:25:58
2	271	ANA PADILLA	Vail	CO	5K	Run	F	40	0:26:27
3	252	Kathy Aalto	Eagle	CO	5K	Run	F	54	0:31:08
4	251	Nadine Hinkle	Eagle	CO	5K	Run	F	46	0:31:35
5	254	Marcette Gordon	Eagle	CO	5K	Run	F	47	0:32:11
6	282	Dana Maurer	Edwards	CO	5K	Run	F	54	0:32:40
7	279	Christine Albertson	Eagle	CO	5K	Run	F	45	0:33:00
8	264	Becky Gray	Eagle	CO	5K	Run	F	44	0:36:20
9	593	Catherine Harward	Edwards	CO	5K	Run	F	58	0:49:23

Female 40-59 5K Snowshoe

Pos	Bib#	Athlete	City	Country	Race	Category	Gender	Age	Time
1	580	Rhiannon Rowe	Eagle	CO	5K	Snowshoe	F	42	0:29:57
2	574	Amy Large	Eagle	CO	5K	Snowshoe	F	50	0:34:08

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3	586	Stacy Yarnell	Eagle	CO	5K	Snowshoe	F	43	0:36:22
4	560	Amy Bern	Golden	CO	5K	Snowshoe	F	50	0:40:05
5	275	Kristen Adams	Englewood	CO	5K	Snowshoe	F	53	0:42:39
6	273	Mary Ann LyBarger	Edwards	CO	5K	Snowshoe	F	58	0:42:42
7	597	Beccy Dreyling	Denver	CO	5K	Snowshoe	F	57	0:43:58
8	276	Kim Blackford	Edwards	CO	5K	Snowshoe	F	55	0:57:14

Male 40-59 5K Run

Pos	Bib#	Athlete	City	Country	Race	Category	Gender	Age	Time
1	281	Brian Maurer	Avon	CO	5K	Run	M	54	0:27:20
2	258	Ben McNair	Avon, CO	CO	5K	Run	M	45	0:28:26
3	256	scott mcclarrinon	Vail	CO	5K	Run	M	53	0:32:39
4	592	John Krueger	Edwards	CO	5K	Run	M	58	0:49:20

Male 40-59 5K Snowshoe

Pos	Bib#	Athlete	City	Country	Race	Category	Gender	Age	Time
1	278	Jack Albertson	Eagle	CO	5K	Snowshoe	M	48	0:35:27
2	570	Tim Hansen	AVON	CO	5K	Snowshoe	M	40	0:42:24

Female 60+ 5K Run

Pos	Bib#	Athlete	City	Country	Race	Category	Gender	Age	Time
1	559	MOLLY ANSFIELD	Eagle	CO	5K	Run	F	66	0:26:32
2	583	Jane Tucker	Vail	CO	5K	Run	F	62	0:31:57

Male 60+ 5K Run

Pos	Bib#	Athlete	City	Country	Race	Category	Gender	Age	Time
1	285	Bern Krueger	Eagle	CO	5K	Run	M	60	0:45:13

10K(ish) Results**Female 20-39 10K Snowshoe**

Pos	Bib#	Athlete	City	Country	Race	Category	Gender	Age	Time
1	563	Kelly Daly	Edwards	CO	10K	Snowshoe	F	35	0:55:38

Male 20-39 10K Race

Pos	Bib#	Athlete	City	Country	Race	Category	Gender	Age	Time
1	577	Franklin Reilly	Edwards	CO	10K	Run	M	23	0:33:09
2	600	Blake Anneberg	Vail	CO	10K	Run	M	37	0:39:23
3	576	Jaskirat Randhawa	Boulder	CO	10K	Run	M	32	0:45:19

Female 40-59 10K Run

Pos	Bib#	Athlete	City	Country	Race	Category	Gender	Age	Time
1	262	Meghan Newcomer	Edwards	CO	10K	Run	F	42	0:40:56
2	590	Pavan Krueger	Avon	CO	10K	Run	F	54	0:47:50
3	257	Danielle McNair	Vail	CO	10K	Run	F	45	0:49:23
4	274	Allison Visosky	Denver	CO	10K	Run	F	56	0:49:45
5	584	Anne Walters	Edwards	CO	10K	Run	F	43	0:50:18
6	284	Lesley Kenny	East Vail	CO	10K	Run	F	40	0:53:58

Pos	Bib#	Athlete	City	Country	Race	Category	Gender	Age	Time
1	596	Valerie Shockley	Greenwood Village	CO	10K	Snowshoe	F	57	1:02:09

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Male 40-59 10K Run

Pos	Bib#	Athlete	City	Country	Race	Category	Gender	Age	Time
1	270	Eduardo Clave Robin	Vail	CO	10K	Run	M	42	0:34:35
2	591	Karl Krueger	Avon	CO	10K	Run	M	55	0:48:39
3	578	Michael Richey	Gypsum	CO	10K	Run	M	58	0:53:05

Female 60+ 10K Run

Pos	Bib#	Athlete	City	Country	Race	Category	Gender	Age	Time
1	579	Trina Richey	Gypsum	CO	10K	Run	F	60	0:48:09

Male 60+ 10K Run

Pos	Bib#	Athlete	City	Country	Race	Category	Gender	Age	Time
1	280	Kent Kriehn	Edwards	CO	10K	Run	M	68	0:52:24